

# Mobile Seniors Active Living Centre

## July Schedule - Summer 2025

	Cookstown Library & Community Centre 20 Church Street	Morgan Russell Memorial Arena & Community Centre 1354 Killarney Beach Road	Sandycove Acres - The Wheel 2 Weeping Willow Drive
Dates	Tuesdays   9:30am - 11:30am	Wednesdays   9:30am - 11:30am	Thursdays   9:30am - 11:30am
July 1-3	<b>CLOSED</b> <b>CANADA DAY</b>	<b>Table Game:</b> Cards <b>Active Movement:</b> Trail Walk	<b>Table Game:</b> Cards <b>Active Movement:</b> Chair Fitness with Special Guest Tiffany Smith
July 8-10	<b>Table Game:</b> Bananagrams <b>Active Movement:</b> Chair Fitness with Special Guest Tiffany Smith <b>Active Game:</b> Bocce	<b>Table Game:</b> Bananagrams <b>Active Movement:</b> Chair Fitness with Special Guest Tiffany Smith <b>Active Game:</b> Bocce	<b>Table Game: Bananagrams</b> <b>Craft:</b> Laser cut and paint signs with Special Guest - Innisfil ideaLAB
July 15-17	<b>Table Game:</b> Brain Builder <b>Active Movement:</b> Curling & Curling Bowling Challenge <b>Craft Activity:</b> Decorative Signs	<b>Table Game:</b> Brain Builder <b>Active Movement:</b> Curling & Curling Bowling Challenge <b>Craft Activity:</b> Decorative Signs	<b>Table Game:</b> Brain Builder <b>Active Movement:</b> Curling & Curling Bowling Challenge <b>Active Game:</b> Bocce
July 22-24	<b>CLOSED</b>	<b>Table Game:</b> Tumbling Tower <b>Active Movement:</b> Horseshoes & Axe Throwing <b>Craft Activity:</b> Leaf Print Making	<b>Table Game:</b> Tumbling Tower <b>Active Movement:</b> Horseshoes & Axe Throwing <b>Craft Activity:</b> Leaf Print Making
July 29-31	<b>Table Game:</b> Boggle <b>Active Movement:</b> Peddle Bike & Virtual Tour of Your Choice! <b>Group Activity:</b> Mason Jar Solar Patio Table Lamp	<b>Table Game:</b> Boggle <b>Active Movement:</b> Peddle Bike & Virtual Tour of Your Choice! <b>Group Activity:</b> Mason Jar Solar Patio Table Lamp	<b>Table Game:</b> Boggle <b>Active Movement:</b> Peddle Bike & Virtual Tour of Your Choice! <b>Group Activity:</b> Mason Jar Solar Patio Table Lamp

Town of Innisfil Recreation Mobile  
Seniors Active Living Centre  
Satisfaction Survey

