



Winter 2025

# Active Innisfil

Town of Innisfil Recreation Programs



Registration dates:

**Resident:** December 4

**Non Resident:** December 11



[innisfil.ca/activeinnisfil](https://innisfil.ca/activeinnisfil)

# Registration Information

## Ways to Register:



### Online

[innisfil.ca/activeinnisfil](https://innisfil.ca/activeinnisfil)

Payment Options:

Visa, Mastercard or Debit-Credit Cards



### Drop Box/Mail-In

**Innisfil Town Hall**

**2101 Innisfil Beach Road**

Scan the QR code to download  
or print the Registration Form.

Mail-in or drop off registration forms will **not** be processed until after the registration start date as time permits. In person, registration is processed while you wait.

### Innisfil Town Hall Office Hours:

Monday - Friday | 8:30am - 4:30pm

705-436-3710 | [innisfil.ca](https://innisfil.ca)

Alternate accessible formats will be provided, on request, to support participation in all aspects of the feedback process. To request an alternate format, please contact our Sports & Recreation team at 705-436-3710 or [activeinnisfil@innisfil.ca](mailto:activeinnisfil@innisfil.ca).

### Registration Terms & Conditions

Scan the QR code with your phone camera to learn more about:

- ◆ Payment & Registration
- ◆ Cancellations & Program Changes
- ◆ Withdrawal Process & Admin Fee
- ◆ Refunds

### Registration Dates

Resident: December 4

Non Resident: December 11

### General Information

Register early to secure your spot. Early registrations contribute to successful programs and reduce cancellations due to low enrollment.

### Program Cancellations

Programs that do not meet minimum registration numbers will be cancelled one week prior to the program start date.

### Registration & Payment

Registrations are not accepted over the phone. Cheques are not accepted if program starts within 10 business days of registering.

### Questions

Contact [activeinnisfil@innisfil.ca](mailto:activeinnisfil@innisfil.ca) or 705-436-3710.



# Active Innisfil Programs

## Preschool Programs (Ages 0-5)

Preschool programs make learning new skills fun! Young children get introduced to organized recreation programs and build confidence, independence, and small and large motor skills. Expand your child's skills with programs that explore gymnastics, skating, dance, art, soccer, and much more.



## General Interest Programs (Ages 16+)

Recreation isn't just about exercise or fitness, and we have plenty of activity-based programming to suit your interests and needs! Find something that speaks to you in our general interest programs. From exploring your artistic side to refocusing on a skill that brings you joy, you're sure to have fun.



## Children & Youth Programs (Ages 5-16)

Children and youth programs offer a variety of options for participants to have fun, make friends, and promote a healthy mind and body. Expand your skills and wellness through programs that explore sports, skating, dance, art, fitness, general interest and much more.



## Fitness Programs (Ages 16+)

Active Innisfil's fitness programs enhance physical fitness and well-being. Stretch yourself in yoga, sweat it out in Zumba, or get your game face on in volleyball or badminton. Programs will keep you fit, and you'll have a blast while participating! Whether you decide to join a team or do it on your own, we've got a class for you.



## Cooking & Food Programs (All Ages)

We offer a wide range of cooking and food programs to help you enhance your culinary skills, improve your health, and enjoy a more vibrant lifestyle. Consider our Neighbours Helping Neighbours program to learn a new recipe while preparing meals for the Troy Scott Community Fridges!



## 55+ Programs

These specialized instructor-led classes are developed for those aged 55 and older, and are intended for all skill levels. Older adult programs provide an opportunity to explore new interests like pickleball, fitness, MSALC (Mobile Seniors Active Living Centre) and much more.



Registration Start Dates:

**Resident: December 4**

**Non Resident: December 11**



# Winter Weekends

February 1-25



Council Breakfast  
Innisfil YMCA  
February 1, 9-11am

Fun and excitement  
happening all month!

- ❄ Live music & entertainment
- ❄ Open skates at local arenas
- ❄ Polar plunge with ICE Corp
- ❄ Food truck eats
- ❄ Winter-themed crafts



Winter Fun Day  
Town Square  
February 8, 10am-2pm



Full details at [innisfil.ca/winterweekends](http://innisfil.ca/winterweekends)



# Innisfil Youth Connex COMMITTEE

Join the Innisfil Youth Connex Committee (YCC) to:

- ✓ Connect with peers and community leaders
- ✓ Earn community service hours
- ✓ Build leadership skills
- ✓ Champion the voices of Innisfil youth



Sign up today!  
Learn more and apply  
at [innisfil.ca/YCC](https://innisfil.ca/YCC).

## Mobile Seniors Active Living Centre

The M-SALC travels throughout Innisfil and provides free recreational & social opportunities for the actively aging community (55 yrs+).

**The M-SALC includes arts, crafts, games, activities, dancing, fitness, and special guests.**

Visit [innisfil.ca/MSALC](https://innisfil.ca/MSALC)  
or scan the QR code  
to find out more.



Active  
**Innisfil**

Ontario



M-SALC is funded in part by the Government of Ontario's Seniors Community Grant Program.

## Drop-in Community Programs

### Public Skating, Shinny & Figure Skating

Rink locations:

- ❄ **Innisfil Recreational Complex**
- ❄ **Morgan Russell Memorial Arena & Community Centre (Lefroy)**
- ❄ **Stroud Innisfil Community Centre (Stroud Arena)**

Scan the QR code to view the  
most up-to-date schedule.  
[innisfil.ca/skating](https://innisfil.ca/skating)



## TROY SCOTT COMMUNITY FRIDGE

This neighbours helping neighbours initiative helps increase access to nutritious food for Innisfil residents. Take what you need, leave what you can.

**There are three locations:**

- 1 Innisfil Recreational Complex:** Outside the north entrance at 7315 Yonge St.
- 2 Innisfil ideaLAB & Library – Cookstown Branch:** Outside on the west side of the building at 20 Church St.
- 3 Innisfil ideaLAB & Library – Lakeshore Branch:** Inside the building at 967 Innisfil Beach Rd. and available during business hours



For more information and  
full donation guidelines, visit  
[innisfil.ca/communityfridges](https://innisfil.ca/communityfridges).



# Facilities & Rental Information

## Facilities that suit your needs!

Whether you're looking to book space for your buck and doe, a private meeting, ice-time for a group skating session, or a picnic with friends and family, the Town of Innisfil's Sports & Recreation and Operations staff are looking forward to your visit!

For more information:

☎ 705-436-3710

✉ [activeinnisfil@innisfil.ca](mailto:activeinnisfil@innisfil.ca)

💻 [innisfil.ca/arena-facility-rentals](http://innisfil.ca/arena-facility-rentals)

### Ice and Slab Rentals



### Banquet Halls & Meeting Rooms



### Park Pavilion Rentals



### Sport Courts & Field Rentals



### Pop Up Shops



### Town Square Concession Stand



# Become a Program Instructor

The Town of Innisfil is currently looking for applicants who can offer fun, exciting recreation programs to participants of all ages and abilities in the community!



Learn if being a program instructor is the right fit for you by visiting [innisfil.ca/ProgramProposal](http://innisfil.ca/ProgramProposal).

Complete the Recreation Instructor Application Form to apply.



Volleyball



Basketball



General Interest

Help us expand our programs and team of instructors. We are currently seeking instructors for our volleyball and basketball programs. Email [activeinnisfil@innisfil.ca](mailto:activeinnisfil@innisfil.ca) with your expression of interest.



## Community Groups and Organizations

Join one of the many groups in our community and find individuals who share your interests and passions.

- ◆ Arts and cultural groups
- ◆ Community clubs
- ◆ Sports organizations

Contact [activeinnisfil@innisfil.ca](mailto:activeinnisfil@innisfil.ca) if you would like to add your community group to [innisfil.ca/CommunityGroups](http://innisfil.ca/CommunityGroups).



## Town of Innisfil Council Members

Mayor **Lynn Dollin**

Deputy Mayor **Kenneth Fowler**

Ward 1 Councillor **Kevin Eisses**

Ward 2 Councillor **Grace Constantine**

Ward 3 Councillor **Jennifer Richardson**

Ward 4 Councillor **Alex Waters**

Ward 5 Councillor **Linda Zanella**

Ward 6 Councillor **Robert Saunders**

Ward 7 Councillor **Fred Drodge**



Find your ward and council contact information at [innisfil.ca/Council](http://innisfil.ca/Council).



## Interactive & Engaging Activities

- ✓ dance
- ✓ fitness
- ✓ arts & crafts
- ✓ wellness
- ✓ yoga
- ✓ cooking
- ✓ skating
- ✓ sports
- ✓ and more!

Do you have a  
unique skill or  
interest and a  
desire to share it  
with others?

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Register for Winter 2025!

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## Become a Program Instructor!

Learn more at [innisfil.ca/ProgramProposal](https://innisfil.ca/ProgramProposal)