

New! Call the M-SALC Inclement Weather Hotline at **705-431-7652** for updates on program cancellations due to weather.

January Schedule – Winter 2026

	Cookstown Library & Community Centre 20 Church Street	Morgan Russell Memorial Arena & Community Centre 1354 Killarney Beach Road	Sandycove Acres The Wheel 2 Weeping Willow Drive
Dates	Tuesday's 9:30am - 11:30am	Wednesday's 9:30am - 11:30am	Thursday's 9:30am - 11:30am
Jan 6-8	Table Game: Bananagrams Active Activity: Tai Chi-QiGong Meditation with Amy Group Activity: Wordle & Trivia	Table Game: Bananagrams Active Activity: Tai Chi-QiGong Meditation with Amy Group Activity: Wordle & Trivia	Table Game: Bananagrams Active Activity: Tai Chi-QiGong Meditation with Amy Group Activity: Wordle & Trivia
Jan 13-15	Table Game: Blank Slate Active Activity: Curling Bowling Craft: Making Macrame Key Chains	Table Game: Blank Slate Active Activity: Curling Bowling Craft: Making Macrame Key Chains	Table Game: Blank Slate Active Activity: Curling Bowling Craft: Making Macrame Key Chains
Jan 20-22	Table Game: Dominoes Active Activity: Pedal Bike & Virtual Tour of Your Choice! Group Activity: Mindfulness & Meditation	Table Game: Dominoes Active Activity: Pedal Bike & Virtual Tour of Your Choice! Activity: Mindfulness & Meditation	Table Game: Dominoes Active Activity: Pedal Bike & Virtual Tour of Your Choice! Activity: Mindfulness & Meditation
Jan 27-29	Group Activity: Book Club & Tea (BYOB - bring your own book) Education Workshop: Leila Hess - Aud. Hearing Instrument Specialist - Innisfil Hearing Centre (10:30AM)	Table Activity: Book Club & Tea (BYOB - bring your own book) Education Workshop: Leila Hess - Aud. Hearing Instrument Specialist - Innisfil Hearing Centre (10:30AM)	Table Activity: Book Club & Tea (BYOB - bring your own book) Education Workshop: Leila Hess - Aud. Hearing Instrument Specialist - Innisfil Hearing Centre (10:30AM)

New! Call the M-SALC Inclement Weather Hotline at **705-431-7652** for updates on program cancellations due to weather.

Town of Innisfil Recreation Mobile
Seniors Active Living Centre
Satisfaction Survey

