

New! Call the M-SALC Inclement Weather Hotline at **705-431-7652** for updates on program cancellations due to weather.

April Schedule – Spring 2026

	Cookstown Library & Community Centre 20 Church Street	Morgan Russell Memorial Arena & Community Centre 1354 Killarney Beach Road	Sandycove Acres The Wheel 2 Weeping Willow Drive
Dates	Tuesday's 9:30am - 11:30am	Wednesday's 9:30am - 11:30am	Thursday's 9:30am - 11:30am
Mar 31- Apr 2	Games & Social: Dominoes Health & Wellness: Fitness with Tiffany (10:30am)	Games & Social: Dominoes Health & Wellness: Fitness with Amy (10:30am)	Games & Social: Dominoes Health & Wellness: Fitness with Amy (10:30am)
Apr 7-9	Games & Social: Jeopardy! Health & Wellness: How to Promote Brain Health – McMaster Optimal Aging Portal (Virtual)	Games & Social: Jeopardy! Health & Wellness: How to Promote Brain Health – McMaster Optimal Aging Portal (Virtual)	Games & Social: Tea, Coffee & Treats Educational Workshop: Advance Care Planning the Musical presented by Hospice Simcoe (10:00am)
Apr 14-16	Games & Social: Bingo – with prizes & treats! Health & Wellness: Pedal Bikes & Virtual Tour	Games & Social: Bingo – with prizes & treats! Health & Wellness: Pedal Bikes & Virtual Tour	Games & Social: Bingo – with prizes & treats! Health & Wellness: Pedal Bikes & Virtual Tour
Apr 21-23	Creative Arts: Guided Painting with Olivia (9:45am)	Creative Arts: Guided Painting with Olivia (9:45am)	Creative Arts: Guided Painting with Olivia (9:45am)
Apr 28-30	Games & Social: Wordle Health & Wellness: Fitness with Mary (10:30am)	Games & Social: Wordle Health & Wellness: Fitness with Mary (10:30am)	Games & Social: Wordle Health & Wellness: Fitness with Mary (10:30am)

New! Call the M-SALC Inclement Weather Hotline at **705-431-7652** for updates on program cancellations due to weather.

